# Penalized Regression 

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## Penalized regression

- Another potential remedy for collinearity
- Decreases variability of estimated coefficients at the cost of introducing bias
- Also known as regularization
- Important beyond the collinearity context
- Certain types of penalties can be used for variable selection in a natural way
- Penalized regression provides solutions in ill-posed (rank-deficient) problems
- Familiar examples of such models are ANOVA models with all dummy variables
- A more realistic situation is models with $p>n$ (more covariates than observations)


## Penalized likelihood and Bayesian interpretation

- We have already seen an example of penalized regression: smoothing splines
- Given data $\left\{\left(x_{i}, y_{i}\right): x_{i} \in[a, b]\right\}$, goal is to find $f$ that minimizes (given $\lambda>0$ )

$$
\sum_{i}\left(y_{i}-f\left(x_{i}\right)\right)^{2}+\lambda \int_{a}^{b}\left(f^{\prime \prime}(t)\right)^{2} d t
$$

- The solution is a natural cubic spline
- Here $f$ is the parameter of interest
- The (ill-posed) least squares problem is regularized by adding a penalty for "undesirable" (wiggly) solutions
- The same idea can be applied for usual (finite-dimensional) parameters as well
- Penalized regression is a special case of the more general penalized likelihood approach
- This is easiest to motivate using a Bayesian argument
- Consider unknown parameter $\theta$ and observed data $y$ with

$$
\begin{aligned}
\theta & \sim p(\theta) & \text { (prior) } \\
y \mid \theta & \sim p(y \mid \theta) &
\end{aligned}
$$

- Bayesian inference is based on the posterior distribution of $\theta$, given by

$$
p(\theta \mid y)=\frac{p(\theta, y)}{p(y)}=\frac{p(\theta) p(y \mid \theta)}{p(y)}
$$

- Here $p(y)$ is the marginal density of $y$ given by

$$
p(y)=\int p(\theta) p(y \mid \theta) d \theta
$$

- How does posterior $p(\theta \mid y)$ lead to inference on $\theta$ ?
- We could look at $E(\theta \mid y), V(\theta \mid y)$, etc.
- We could also look at the maximum-a-posteriori (MAP) estimator

$$
\hat{\theta}=\arg \max _{\theta} p(\theta \mid y)
$$

- This is analagous to MLE in the classical frequentist setup
- Unfortunately, $p(y)$ is in general difficult to compute
- This has led to methods to simulate from $p(\theta \mid y)$ without knowing $p(y)$ (MCMC)
- Fortunately, MAP estimation does not require $p(y)$, which does not depend on $\theta$
- $\hat{\theta}$ is given by

$$
\begin{aligned}
\hat{\theta} & =\arg \max _{\theta} p(\theta \mid y) \\
& =\arg \max _{\theta} \frac{p(\theta) p(y \mid \theta)}{p(y)} \\
& =\arg \max _{\theta} p(y \mid \theta) p(\theta) \\
& =\arg \max _{\theta}[\log p(y \mid \theta)+\log p(\theta)]
\end{aligned}
$$

- The first term is precisely the usual log-likelihood
- The second term can be viewed as a "regularization penalty" for "undesirable" $\theta$


## Penalized regression: normal linear model with normal prior

- Assume the usual normal linear model

$$
\mathbf{y} \mid \mathbf{X}, \beta \sim N\left(\mathbf{X} \beta, \sigma^{2} \mathbf{I}\right)
$$

- Addidionally, assume an i.i.d. mean-zero normal prior for each $\beta_{j}$

$$
\beta \sim N\left(\mathbf{0}, \tau^{2} \mathbf{I}\right)
$$

- Then it is easy to see that if $L$ is the penalized log-likelihood, then

$$
-2 L(\beta)=C\left(\sigma^{2}, \tau^{2}\right)+\frac{1}{\sigma^{2}} \sum_{i=1}^{n}\left(y_{i}-\mathbf{x}_{i}^{T} \beta\right)^{2}+\frac{1}{\tau^{2}} \sum_{j=1}^{p} \beta_{j}^{2}
$$

- Thus, the MAP estimate of $\beta$ is (as a function of the unknown $\sigma^{2}$ and "prior parameter" $\tau^{2}$ )

$$
\hat{\beta}=\arg \min _{\beta} \sum_{i=1}^{n}\left(y_{i}-\mathbf{x}_{i}^{T} \beta\right)^{2}+\frac{\sigma^{2}}{\tau^{2}} \sum_{j=1}^{p} \beta_{j}^{2}
$$

## Ridge regression

- This is known as Ridge regression, with the problem defined in terms of the "tuning parameter" $\lambda$

$$
\hat{\beta}=\arg \min _{\beta} \sum_{i=1}^{n}\left(y_{i}-\mathbf{x}_{i}^{T} \beta\right)^{2}+\lambda \sum_{j=1}^{p} \beta_{j}^{2}
$$

- As discussed earlier, this approach does not really make sense unless columns of $\mathbf{X}$ are standardized
- It is also not meaningful to penalize the intercept
- For these reasons, in what follows, we assume without loss of generality that
- Columns of $\mathbf{X}$ have been centered and scaled to have mean 0 and variance 1
- $\mathbf{y}$ has been centered to have mean 0
- The model is fit without an intercept (which is separately estimated as $\bar{y}$ )
- In practice, these issues are usually handled by model fitting software in the background


## Ridge regression: solution

- It is easy to see that the objective function to be minimized is

$$
\mathbf{y}^{T} \mathbf{y}+\beta^{T} \mathbf{X}^{T} \mathbf{X} \beta-2 \mathbf{y}^{T} \mathbf{X} \beta+\lambda \beta^{T} \beta=\mathbf{y}^{T} \mathbf{y}+\beta^{T}\left(\mathbf{X}^{T} \mathbf{X}+\lambda \mathbf{I}\right) \beta-2 \mathbf{y}^{T} \mathbf{X} \beta
$$

- The corresponding normal equations are

$$
\left(\mathbf{X}^{T} \mathbf{X}+\lambda \mathbf{I}\right) \beta=\mathbf{X}^{T} \mathbf{y}
$$

- This gives the Ridge estimator

$$
\hat{\beta}=\left(\mathbf{X}^{T} \mathbf{X}+\lambda \mathbf{I}\right)^{-1} \mathbf{X}^{T} \mathbf{y}
$$

- Note that $\mathbf{X}^{T} \mathbf{X}+\lambda \mathbf{I}$ is always invertible
- To prove this, use the singular value decomposition of $\mathbf{X}^{T} \mathbf{X}=\mathbf{A} \boldsymbol{\Lambda} \mathbf{A}^{T}$

$$
\mathbf{X}^{T} \mathbf{X}+\lambda \mathbf{I}=\mathbf{A}(\boldsymbol{\Lambda}+\lambda \mathbf{I}) \mathbf{A}^{T}
$$

- Even if $\boldsymbol{\Lambda}$ has some zero diagonal entries, all diagonal entries of $\boldsymbol{\Lambda}+\lambda \mathbf{I}$ are at least $\lambda$
- As $\lambda \rightarrow 0, \hat{\beta}_{\text {ridge }} \rightarrow \hat{\beta}_{O L S}$
- As $\lambda \rightarrow \infty, \hat{\beta}_{\text {ridge }} \rightarrow \mathbf{0}$
- In the special case where columns of $\mathbf{X}$ are orthogonal $(\mathbf{A}=\mathbf{I})$

$$
\hat{\beta}_{\text {ridge }}=\frac{1}{1+\lambda} \hat{\beta}_{O L S}
$$

- This illustates the essential feature of ridge regression: shrinkage towards 0 (the prior mean of $\beta$ )
- The ridge penalty introduces bias by shrinkage but reduces variance


## Ridge regression in the presence of collinearity

- Recall our experiment with simulated collinearity

```
simCollinear <- function(n = 100)
{
    z1 <- rnorm(n)
    z2 <- rnorm(n)
    x1<- z1 + z2 + 0.1 * rnorm(n)
    x2 <- z1 - 2 * z2 + 0.1 * rnorm(n)
    x3 <- 2 * z1 - z2 + 0.1 * rnorm(n)
    y <- x1 + 2 * x2 + 2 * rnorm(n) # x3 has coefficient 0
    data.frame(y, x1, x2, x3)
}
d3 <- simCollinear()
lm(y ~ . , data = d3)
Call:
lm(formula = y ~ ., data = d3)
Coefficients:
\begin{tabular}{rrrr} 
(Intercept) & x1 & x2 & x3 \\
-0.3256 & 0.7419 & 1.8612 & 0.1909
\end{tabular}
library(MASS) # for lm.ridge()
lm.ridge(y ~ . , data = d3, lambda = 1)
\begin{tabular}{rrrr} 
& x 1 & x 2 & x 3 \\
-0.3339996 & 0.1511181 & 1.2421567 & 0.7907122
\end{tabular}
lm.ridge(y ~ . , data = d3, lambda = 10)
```



```
## Replicate this several times
sim.results <-
    replicate(100,
    {
            d3 <- simCollinear()
            beta.ols <- coef(lm(y ~ . , data = d3))[-1]
            beta.ridge. <- coef(lm.ridge(y ~ . , data = d3, lambda = 1))[-1]
            beta.ridge. 10 <- coef(lm.ridge(y ~ . , data = d3, lambda = 10))[-1]
            data.frame(beta1 = c(beta.ols[1], beta.ridge.1[1], beta.ridge.10[1]),
                beta2 = c(beta.ols[2], beta.ridge.1[2], beta.ridge.10[2]),
                beta3 = c(beta.ols[3], beta.ridge.1[3], beta.ridge.10[3]),
                which = c("lambda=0 (OLS)", "lambda=1", "lambda=10"))
    }, simplify = FALSE)
sim.df <- do.call(rbind, sim.results)
```


## Ridge regression in the presence of collinearity

```
splom(~ data.frame(beta1, beta2, beta3) | which, data = sim.df, grid = TRUE)
```



## Bias and variance of Ridge regression

- Recall that true $\beta=(1,2,0)$

```
with(sim.df, rbind(tapply(beta1, which, mean),
    tapply(beta2, which, mean),
    tapply(beta3, which, mean)))
    lambda=0 (OLS) lambda=1 lambda=10
[1,] 1.024926051 0.2217080 0.04698428
[2,] 1.997629453 1.1864466 0.96557666
[3,] -0.005341892 0.7949516 0.92124664
with(sim.df, rbind(tapply(beta1, which, sd),
    tapply(beta2, which, sd),
    tapply(beta3, which, sd)))
    lambda=0 (OLS) lambda=1 lambda=10
[1,] 1.163054 0.2630750 0.11957701
[2,] 1.174441 0.2519598 0.07013490
[3,] 1.171263 0.2512505 0.08062144
```

- The variance of the ridge estimator is

$$
V(\hat{\beta})=\sigma^{2} \mathbf{W} \mathbf{X}^{T} \mathbf{X} \mathbf{W} \quad \text { where } \quad \mathbf{W}=\left(\mathbf{X}^{T} \mathbf{X}+\lambda \mathbf{I}\right)^{-1}
$$

- The expectation of the ridge estimator is

$$
E(\hat{\beta})=\mathbf{W} \mathbf{X}^{T} \mathbf{X} \beta
$$

- The bias of the ridge estimator is

$$
\operatorname{bias}(\hat{\beta})=\left(\mathbf{W X}^{T} \mathbf{X}-\mathbf{I}\right) \beta=-\lambda \mathbf{W} \beta
$$

- This follows because

$$
\mathbf{W}\left(\mathbf{X}^{T} \mathbf{X}+\lambda \mathbf{I}\right)=\mathbf{I} \Longrightarrow \mathbf{W} \mathbf{X}^{T} \mathbf{X}-\mathbf{I}=\lambda \mathbf{W}
$$

- It can be shown that
- the total variance $\sum_{j} V\left(\hat{\beta}_{j}\right)$ is monotone decreasing w.r.t. $\lambda$
- the total squared bias $\sum_{j} \operatorname{bias}^{2}\left(\hat{\beta}_{j}\right)$ is monotone increasing w.r.t. $\lambda$
- It can also be shown that there exists some $\lambda$ for which the total MSE of $\hat{\beta}$ is less than the MSE of $\hat{\beta}_{O L S}$
- This is a surprising result that is an instance of a more general phenomenon in decision theory
- Note however that the total MSE has no useful interpretation for the overall fit
- We still need to address the problem of choosing $\lambda$
- Before doing so, let us consider a related (but much more interesting) estimator called LASSO


## LASSO

- LASSO stands for "Least Absolute Shrinkage and Selection Operator"
- The LASSO estimator is given by solving a penalized regression with a $L_{1}$ penalty (rather than $L_{2}$ )

$$
\hat{\beta}=\arg \min _{\beta} \quad \frac{1}{2} \sum_{i=1}^{n}\left(y_{i}-\mathbf{x}_{i}^{T} \beta\right)^{2}+\lambda \sum_{j=1}^{p}\left|\beta_{j}\right|
$$

- This corresponds to an i.i.d. double exponential prior on each $\beta_{j}$
- Even though the change seems subtle, the behaviour of the estimator changes dramatically
- The problem is much more difficult to solve numerically (except when $\mathbf{X}$ is orthogonal - exercise)
- It is an area of active research, and implementations have improved considerably over the last few decades
- We will not go into further theoretical details, but only look at some practical aspects


## LASSO in the presence of collinearity

```
library(glmnet) # usage: glmnet(X, y, alpha, ...)
coef(with(d3, glmnet(cbind(x1, x2, x3), y, alpha = 1, lambda = 1)))
4 x 1 sparse Matrix of class "dgCMatrix"
s0
(Intercept) -0.3733872
x1 .
x2 0.8227224
x3 0.6775433
## Replicate this several times
sim.results.lasso <-
    replicate(100,
    {
            d3 <- simCollinear()
            beta.ols <- coef(lm(y ~ . , data = d3))[-1]
            fm.lasso <- with(d3, glmnet(cbind(x1, x2, x3), y, alpha = 1, lambda = c(2, 1)))
```

beta.lasso <- as.matrix (coef (fm.lasso)) [-1, ]
data.frame(beta1 = c(beta.ols[1], beta.lasso[1,2], beta.lasso[1,1]), beta2 $=c($ beta.ols [2], beta.lasso[2,2], beta.lasso[2,1]), beta3 $=c($ beta.ols [3], beta.lasso[3,2], beta.lasso[3,1]), which $=c($ "lambda=0 (OLS)", "lambda=1", "lambda=2"))
\}, simplify = FALSE)
sim.df.lasso <- do.call(rbind, sim.results.lasso)

## LASSO in the presence of collinearity

```
splom(~ data.frame(beta1, beta2, beta3) | which, data = sim.df.lasso, grid = TRUE)
```


splom(~ data.frame(beta1, beta2, beta3) | which, data = sim.df.lasso, grid = TRUE, subset = which != "l


## Bias and variance of LASSO

- Recall that true $\beta=(1,2,0)$

```
with(sim.df.lasso, rbind(tapply(beta1, which, mean),
    tapply(beta2, which, mean),
    tapply(beta3, which, mean)))
    lambda=0 (OLS) lambda=1 lambda=2
[1,] 0.972813560 0.00000000.0000000
[2,] 2.008541811 0.7920059 0.5423446
[3,] -0.002656804 0.7109653 0.4587019
with(sim.df.lasso, rbind(tapply(beta1, which, sd),
    tapply(beta2, which, sd),
    tapply(beta3, which, sd)))
    lambda=0 (OLS) lambda=1 lambda=2
[1,] 1.282199 0.000000000.0000000
[2,] 1.274482 0.1630202 0.1698728
[3,] 1.281313 0.1495002 0.1506298
```


## Coefficients as a function of $\lambda:$ LASSO

fm.lasso <- with(d3, glmnet(cbind(x1, x2, x3), y, alpha = 1))
plot(fm.lasso, xvar = "norm", label = TRUE) plot(fm.lasso, xvar = "norm", label = TRUE)

fm.lasso <- with(d3, glmnet(cbind(x1, x2, x3), y, alpha = 1))
plot(fm.lasso, xvar = "dev", label = TRUE)


## Coefficients as a function of $\lambda$ : Ridge

fm.ridge <- with(d3, glmnet(cbind(x1, x2, x3), y, alpha = 0)) plot(fm.ridge, xvar = "norm", label = TRUE)

fm.ridge <- with (d3, glmnet (cbind (x1, x2, x3), y, alpha = 0)) plot(fm.ridge, xvar $=$ "dev", label = TRUE)


Example: Salary of hitters in Major League Baseball (1987)

```
data(Hitters, package = "ISLR")
str(Hitters)
'data.frame': 322 obs. of 20 variables:
    $ AtBat : int 293 315 479 496 321 594 185 298 323 401 ...
    $ Hits : int 66 81 130 141 87 169 37 73 81 92 ...
    $ HmRun : int 1 7 18 20 10 4 1 0 6 17 ...
    $ Runs : int 30 24 66 65 39 74 23 24 26 49 ...
    $ RBI : int 29 38 72 78 42 51 8 24 32 66 ...
    $ Walks : int 14 39 76 37 30 35 21 7 8 65 ...
    $ Years : int 1 14 3 11 2 11 2 3 2 13 ...
    $ CAtBat : int 293 3449 1624 5628 396 4408 214 509 341 5206 ...
    $ CHits : int 66 835 457 1575 101 1133 42 108 86 1332 ...
    $ CHmRun : int 1 69 63 225 12 19 1 0 6 253 ...
    $ CRuns : int 30 321 224 828 48 501 30 41 32 784 ...
    $ CRBI : int 29 414 266 838 46 336 9 37 34 890 ...
    $ CWalks : int 14 375 263 354 33 194 24 12 8 866 ...
    $ League : Factor w/ 2 levels "A","N": 1 2 1 2 2 1 2 1 2 1 ...
    $ Division : Factor w/ 2 levels "E","W": 1 2 2 1 1 2 1 2 2 1 ...
    $ PutOuts : int 446 632 880 200 805 282 76 121 143 0 ...
    $ Assists : int 33 43 82 11 40 421 127 283 290 0 ...
    $ Errors : int 20 10 14 3 4 25 7 9 19 0 ...
    $ Salary : num NA 475 480 500 91.5 750 70 100 75 1100 ...
    $ NewLeague: Factor w/ 2 levels "A","N": 1 2 1 2 2 1 1 1 2 1 ...
Hitters <- na.omit(Hitters)
dim(Hitters)
[1] 263 20
y <- Hitters$Salary
X <- model.matrix( ~ . - Salary - 1, Hitters) # converts factors into dummy variables
```

fm.lasso <- glmnet(X, y, alpha = 1)
fm.ridge <- glmnet(X, y, alpha = 0)
\#\# top axis labels indicate number of nonzero coefficients plot(fm.lasso, xvar = "lambda", label = TRUE)


Example: Salary of hitters in Major League Baseball (1987)
\#\# top axis labels indicate number of nonzero coefficients plot(fm.lasso, xvar = "dev", label = TRUE)


## Example: Salary of hitters in Major League Baseball (1987)

```
## top axis labels indicate number of nonzero coefficients (not useful for Ridge)
plot(fm.ridge, xvar = "lambda", label = TRUE)
```



## Choosing $\lambda$

- Usual model selection criteria can be used (AIC, BIC, etc.)
- Using cross-validation is more common
- Note that there is no closed form expression for $e_{i(-i)}$ in general
- Leave-one-out ( $n$-fold) cross-validation is computationally intensive for large data sets
- The cv.glmnet () function performs $k$-fold cross-validation ( $k=10$ by default)
- Divides dataset randomly into $k$ (roughly) equal parts
- Predicts on each part using model fit with remaining $(k-1)$ parts
- Computes overall prediction error

```
cv.lasso <- cv.glmnet(X, y, alpha = 1, nfolds = 50)
cv.ridge <- cv.glmnet(X, y, alpha = 0, nfolds = 50)
plot(cv.lasso)
```



The two lines on the plot correspond to

- $\lambda$ that minimizes cross-validation error
- largest value of $\lambda$ such that error is within 1 standard error of the minimum

```
c(lambda.min = cv.lasso$lambda.min,
    lambda.1se = cv.lasso$lambda.1se)
```

lambda.min lambda.1se
$2.674375 \quad 83.593378$
$\mathrm{s} . \mathrm{cv}$ <- c(lambda.min = cv.lasso\$lambda.min, lambda.1se = cv.lasso\$lambda.1se)
round(coef(cv.lasso, s = s.cv), 3) \# corresponding coefficients

| 21 x 2 sparse | Matrix | of |
| :--- | ---: | :--- |
|  | 1 | class |
| (Intercept) | 155.817 | 167.912 |
| AtBat | -1.547 | . |
| Hits | 5.661 | 1.293 |
| HmRun | . | . |
| Runs | . | . |
| RBI | . | . |
| Walks | 4.730 | 1.398 |
| Years | -9.596 | . |
| CAtBat | . | . |
| CHits | . | . |
| CHmRun | 0.511 | . |
| CRuns | 0.659 | 0.142 |
| CRBI | 0.393 | 0.322 |
| CWalks | -0.529 | . |
| LeagueA | -32.065 | . |
| LeagueN | 0.000 | . |
| DivisionW | -119.299 | . |
| PutOuts | 0.272 | 0.047 |
| Assists | 0.173 | . |
| Errors | -2.059 | . |

```
plot(cv.ridge)
```



## How well does LASSO work for variable selection?

- We repeat our earlier simulation example
- Let us look at number of variables selected when none are related to the response

```
## Replicate this experiment
num.nonzero.coefs <-
    replicate(100,
    {
        d <- matrix(rnorm(100 * 21), 100, 21)
        cv.lasso <- cv.glmnet(x = d[,-1], y = d[,1])
        lambda.cv <- cv.lasso$lambda.1se
        sum(coef(cv.lasso, s = lambda.cv)[-1] != 0) # exclude intercept
    })
table(num.nonzero.coefs)
```

num.nonzero.coefs
$0 \quad 2$
991

- So Type-I error probability is much lower for LASSO compared to stepwise regression


## How well does LASSO work for variable selection?

- How about power to detect effects that are present? Choose $\beta_{1}, \beta_{2} \sim U(-1,1)$, other $\beta_{j}=0$

```
coefs <- replicate(100,
{
    X <- matrix(rnorm(100 * 20), 100, 20)
    y <- X[,1:2] %*% runif(2, -1, 1) + rnorm(100)
```

```
    cv.lasso <- cv.glmnet(X, y)
    lambda.cv <- cv.lasso$lambda.1se
    coef(cv.lasso, s = lambda.cv)[-1] # exclude intercept
})
coefs[coefs == 0] <- NA
levelplot(t(coefs), col.regions = heat.colors, xlab = "Replication number", ylab = "Coefficient number"
```



## Why does LASSO lead to exact 0 coefficients?

- Alternative formulation of Ridge regression: consider problem of minimizing

$$
\sum_{i=1}^{n}\left(y_{i}-\mathbf{x}_{i}^{T} \beta\right)^{2} \quad \text { subject to } \quad\|\beta\|^{2}=\sum \beta_{j}^{2} \leq t
$$

- Claim: The solution $\hat{\beta}$ is the usual Ridge estimate for some $\lambda$
- Case 1: $\left\|\hat{\beta}_{O L S}\right\|^{2} \leq t \Longrightarrow \hat{\beta}=\hat{\beta}_{O L S}, \lambda=0$
- Case 2: $\left\|\hat{\beta}_{O L S}\right\|^{2}>t$
- Then must have $\|\hat{\beta}\|^{2}=t$ (otherwise can move closer to $\hat{\beta}_{O L S}$ )
- The Lagrangian is $\|\mathbf{y}-\mathbf{X} \beta\|^{2}+\lambda\|\hat{\beta}\|^{2}-\lambda t$
- This is the same optimization problem as before
$-\lambda$ is defined implicitly as a function of $t$, to ensure $\|\hat{\beta}\|^{2}=t$
- The LASSO problem can be similarly formulated as: minimize $\|\mathbf{y}-\mathbf{X} \beta\|^{2}$ subject to $\sum\left|\beta_{j}\right| \leq t$
- This interpretation gives a useful geometric justification for the variable selection behaviour of LASSO

Comparative geometry of Ridge and LASSO optimization



FIGURE 3.11. Estimation picture for the lasso (left) and ridge regression (right). Shown are contours of the error and constraint functions. The solid blue areas are the constraint regions $\left|\beta_{1}\right|+\left|\beta_{2}\right| \leq t$ and $\beta_{1}^{2}+\beta_{2}^{2} \leq t^{2}$, respectively, while the red ellipses are the contours of the least squares error function.
(From Elements of Statistical Learning, page 71)

